

Pharmacy Pulse

AUTUMN WELLNESS ESSENTIALS

23 March - 13 April 2026

EVERYDAY HEALTH SAVINGS FROM **YOUR FAVOURITE** COMMUNITY PHARMACY.

Slow-Mag Magnesium Capsules 60s

WAS R289.99

NOW 259⁹⁹



FROM 61⁹⁹

WAS R91.99
Colgate Optic White Toothpaste Assorted 75ml Variants

TransAct Patches 10s
WAS R314.99

NOW 239⁹⁹



NOW 71⁹⁹

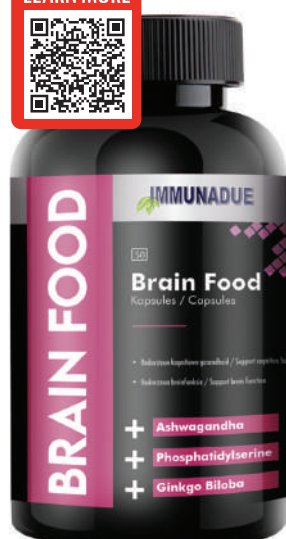
WAS R79.99
Calpol Paediatric Suspension 100ml

TriParc Powders Sachets 38s
WAS R74.99

NOW 64⁹⁹



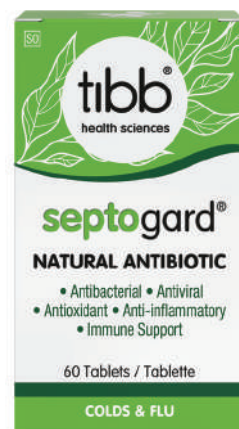
Health Supplements



Immunadue Brain Food Capsules 90s

Cognitive Support

A natural nootropic designed to enhance memory, focus, and concentration while easing stress and anxiety. Its synergistic blend of Ashwagandha, Rhodiola Rosea, Phosphatidylserine, Choline, and Ginkgo Biloba supports cognitive performance, brain cell health, circulation, and overall emotional well-being.



Tibb Septogard Tablets 60s

Natural Antibiotic

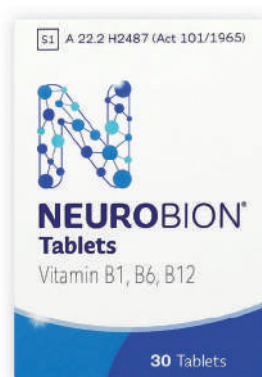
Supports the immune system* with antibacterial, antiviral, anti-inflammatory, and antioxidant properties. It aids targeted and chronic infection defense and provides relief from acute allergies.



Centrum Immunity Softgels 30s

Immune Support

Centrum Immune Support is specially formulated to help support normal immune system function. With elderberry extract, vitamins A, C, D and E, plus selenium and zinc, it provides targeted daily nutritional support to help maintain overall health and wellness.



Neurobion Tablets 30s

Nerve Health

Supports healthy nerve function and combats vitamin B deficiencies. Trusted by healthcare professionals for over 50 years, it combines essential B vitamins – B1, B6, and B12 – to promote overall nerve health and wellbeing.



Immunadue Capsules 100s

Immune Support

Designed to complement a balanced lifestyle, providing convenient daily immune system support with all the vitamins and minerals you need. Barley Green and Bilberry are strong antioxidants. Aloe Vera, Sutherlandia, African Wild Potato, Alfalfa, and Cat's Claw are the other ingredients.



Revital Ginseng Plus 30s

Stress & Fatigue

Revital® Ginseng Plus combines Panax Ginseng with 10 essential vitamins and 9 minerals to support stress relief, mental alertness, immunity, and overall vitality. Strengthen endurance, mood, and resilience naturally during challenging times

CNT Moringa Capsules 60s
Anti-Oxidant

Boost your wellness naturally with Moringa 60 Capsules! Made from 100% organic moringa powder, these supplements are crafted to support your immune system, enhance vitality, and promote overall health with every daily dose.



CNT Pharma-Cydin Gold Capsules 60s

Anti-Oxidant

A health supplement with antioxidant, anti-inflammatory, and cardio-protective properties. It supports cardiovascular health, reduces oxidative stress, and helps protect cells from free radical damage.

DIGESTIVE SUPPORT

Iberogast Liquid 20ml

Herbal Remedy

Fast, herbal relief for multiple digestive symptoms caused by gastrointestinal imbalances. Targets bloating, discomfort, and irregular digestion, helping you feel lighter, comfortable, and balanced throughout.



Iberocalm Capsules 2 x 14 Capsules

Gut Health

Support your mind and body with Iberocalm. This expertly blended formula combines beneficial bacteria, vitamin B2 and lemon balm extract to promote microbial balance, digestive health, sustained energy and a natural sense of calm.

Gaviscon Liquid Assorted 150ml

Heartburn & Indigestion

Starts working in as little as 3 minutes, providing up to 4 hours of relief from heartburn, indigestion and acid reflux. This double-action formula forms a protective barrier that soothes, coats and protects the oesophagus from gastric reflux.



Movicol Original 13g Sachets 20s

Laxative

An osmotic laxative used to treat chronic constipation and fecal impaction in adults and children over 12. It works by hydrating hard, dry stool to make it easier to pass.



Family Household Favourites

GET THIS!

Pop past your nearest pharmacy today for superior savings on all your monthly household & grooming essentials.

CJ Care Cotton Balls 50s
WAS R39.99

NOW
34⁹⁹



CJ Care Cotton Rounds 80s
WAS R31.99

NOW
27⁹⁹



NOW
12⁹⁹

WAS R14.99
CJ Care Buds 100s



Nu-Lite Colour Mousse 200ml
Hair Colour Mousse

Revives hair colour, boosts volume, and blends away greys with a long-lasting, improved formula. Suitable for all hair types, it smooths, conditions, and adds shine and body. Easy-to-use pump delivers vibrant, natural-looking results on wet or dry hair for refreshed, salon-quality style.

SAVE BIG!



NOW
169⁹⁹
2L

Savlon Antiseptic Liquid
75ml R17.99, 125ml R33.99, 250ml R52.99,
500ml R80.99, 750ml R93.99



NOW
46⁹⁹

WAS R59.99
Snow Soft Kitchen Towel 2-Pack

Addis 3in1 Kitchen Scourers
WAS R34.99

NOW
31⁹⁹



NOW
20⁹⁹

WAS R23.99
Snow Soft Kitchen Towel 2-Pack

STRUGGLING WITH SENSITIVE SKIN?

DISCOVER DERMAZONE

- ✓ Ultra gentle moisturizing cream
- ✓ Soap Free cleansing ointment
- ✓ Safe for babies and delicate skin
- ✓ Deep hydration without irritation.

74⁹⁹ each

Cough, Cold & Flu Care

DID YOU KNOW?

Treatment for cold and flu focuses on symptom relief with rest, fluids, analgesics, decongestants, Zinc or Vitamin C early, and avoiding antibiotics for viral infections, unless prescribed by your health professional.^[1]



Sinutab Blocked Nose Nasal Spray
Nasal Spray

Sinutab Nasal Spray (10ml) contains 0.1% w/v xylometazoline hydrochloride, providing fast-acting (within 2 minutes) relief from nasal congestion caused by colds, hay fever, and sinusitis for up to 10 hours.



Iliadin Kids Nose Spray 10ml
Nasal Decongestant

Simply better breathing
When your little ones have a blocked nose due to a cold or hay-fever, we give you the support you need.

S1 Iliadin Kids Nose Spray and Kids Nose Drops. Each 1 ml of solution contains 0.25 mg/0.025 % m/v oxymetazoline hydrochloride and 0.002 % m/v benzalkonium chloride as preservatives. SA Reg. No.: V16.1/296



Benlyn Wet & Dry Cough Relief 100ml
Non-Drowsy Cough Syrup

Discover fast, effective relief with Benlyn Wet & Dry Non-Drowsy Cough Syrup 100ml. This herbal formula soothes your irritated throat, clears stubborn mucus, and gently suppresses both wet and dry coughs—without drowsiness. Perfect for adults and children over 3. Breathe easier today!



Linctagon-C Plus NAC200 Effervescent Tablets 12s
Immune Booster & Decongestant

Get fast, broad-spectrum relief with Linctagon-C Plus NAC200 Effervescent! Combating congestion, sneezing, coughs, and muscle aches, it combines Vitamin C, D3, Zinc, and N-Acetyl-Cysteine 200 mg for immune support, antiviral action, and faster recovery. Delicious orange-flavoured, sugar- and alcohol-free, non-drowsy, suitable for ages 12+.



Xtreme C 500mg Tablets 100s or Powder Sachets
Immune Booster

This natural Vitamin C supplement does more than support immunity. It helps strengthen daily immune defence and protect against common infections, while delivering powerful antioxidant protection against free radical damage. Vitamin C also supports collagen production for healthy skin, bones, teeth, and gums, promotes wound healing, enhances iron absorption to help reduce fatigue, and contributes to normal nervous system function. A convenient, reliable way to boost immune health, support radiant skin, and maintain overall wellbeing every day.

These great products available from

